



RECREATION & OPEN SPACE

Employee Wellness Programming

As with all businesses, health insurance costs are increasing and employees missing work due to illness or injury can adversely affect service delivery. For these and many other reasons, Rosemount is interested in creating a wellness program for its employees. SW/WC Service Cooperative, the insurance cooperative that Rosemount belongs to, has made more than \$4,000 in grant funds available to assist in development of this wellness program.

Questions / Issues:

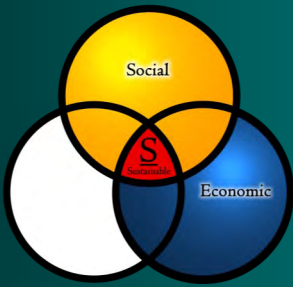
- How can Rosemount help its employees' physical and mental health?
- Will this program reduce the City's and its employees' health insurance costs?
- Will this program reduce employees' absenteeism due to illness or injury?

Deliverables:

- Evaluate the health and wellness issues that are most prevalent for Rosemount's employees.
- Provide recommendations for a wellness program that would address physical and mental health, as well as happiness and lifestyle stability.
- Write a report on investigations of benefits of wellness programs on employee absenteeism and health insurance premiums.

Sustainability:

This project provides sustainable social impact through increasing the health, happiness, and wellness of employees and an economic impact by reducing the health care costs for both the City and its employees. This project is relevant to the City because it would fulfill the City Council 2013-2014 goal to maintain stable core services and fiscal discipline.



Staff/Partners

PROJECT LEAD

Emmy Foster
Assistant City Administrator
Administration Depr.

PARTNERS

Blue Cross / Blue Shield
SW/WC Service Cooperative

