Is the City of North Saint Paul providing adequate access to necessary services for its growing older adult population?

North Saint Paul residents feel a connection to the city. Many adults would like to stay in North Saint Paul as they age.

“I would love to stay in North Saint Paul for the rest of my life. When I can no longer drive, and if I have to move out of my home, I want to move to downtown and be near shopping and restaurants.” —North Saint Paul Resident

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Visual created by Lauren Siegel. Data Source: US Census Bureau

Findings From Project

• Accessing many of the resources and services depend upon having a car and driving.
• Many of the services that are accessible from North Saint Paul do not make accommodations for those on a low, fixed income (such as a sliding fee scale).
• Some roads need more lighting to promote safety for older adults, who often have impaired vision.
• Not enough varied housing options to fulfill the demand of older adults. If new developments are not possible, providing transportation between North St. Paul and nearby senior housing would allow older adults to maintain relationships with contacts in North Saint Paul.
• No continuum of social activities to fit varying activity levels and abilities. Transportation to existing activities will likely be a challenge.
• Residents expressed an interest in a Block Nurse program to help them take a proactive approach to their health. This and other community-based programs are effective, preferred, and cost less.